2022 Conference Newsletter

Iowa Association of Activity Profesionals

www.iowaap.org

2022 Fall Conference

The Board Members of the Iowa Association of Activity Professionals are proud to announce this year's Fall Conference!

Thursday, October 20th,
2022 and
Friday, October 21st, 2022
at the
Gateway Conference Center
Ames, IA

Guest Speakers:
Amy Laughlin, BA, CRCFA,
ADC, CDP
Becky Orr Montgomery,
Alzheimer's Association
Advocate



Conference Schedule BOTH DAYS

Registration, rolls & coffee - 7 to 8 AM Lunch and Networking

THURSDAY

How to Lead with Love
Build Trust & Boost Relationships
How do You Add Value?
Maintaining Balance
Table Topics & Networking
*7 Hours Continuing Education Credits

**Sodas and Cookies will be served Thursday
afternoon

FRIDAY

Life with Purpose: Vocational Wellness Initiatives
Speak Up! Empowering Activity Professionals
Understanding & Responding to Dementia Related
Behaviors

*4.5 Hours Continuing Education Credits

**We will dismiss at 3 PM to allow for travel time

home

About Our Presenters



Amy Laughlin, BA, CRCFA, ADS, CDP

Amy Laughlin serves as the President of NAAP. Amy brings professional expertise in Resident Services and Operations Management across Independent Living, Assisted Living, Skilled Nursing and Home Care. She is a visionary leader and mentor, and is passionate about promoting and empowering Activity Professionals as the Quality of Life Champions.



Becky Orr Montgomery

Becky is the owner of Senior HomeFinder of Iowa. It is a free service to help people find the best senior living community for their loved one(s). She started this business because when her own parents, Johnny & Romie, needed a community, she realized the difficulty of having to choose one. Her mom, Romie, had Alzheimer's for 15 years. Becky was a dedicated caregiver to both her dad and her mom. Her dad just needed support caring for mom. After her dad passed, Becky continued to care for and visit her mom daily. Becky is currently a support group facilitator for the Alzheimer's Association, a Community Educator, an Advocate and is hosting a fundraising golf tournament in honor of her parents for The Longest Day for the Alzheimer's Association.

Electronic Handout Distribution

We have requested the speaker for this year's conference get any handouts to us early this year.

Please make sure we have your e-mail address (write legibly please) on the registration forms so we can get these handouts to you as soon as possible.





Sharing Table

Do you have a craft or a game idea that was well received by your residents? Bring a sample along with copies of instructions (80) to share with others.

A table will be set up for displaying these ideas. These can also be shared during the networking session.

You are also welcome to bring one of your calendars to share, if you'd like.

We've all seen ideas on Facebook but would like to see what Activity Professionals think of the projects!

WEBSITES TO VISIT

MESSAGE FROM THE PRESIDENT

Hello Everyone!!

We are having a LIVE conference this year on October 20th & 21st! The time has come, my friends, to focus on our own well-being! As the struggle with Covid regulations continues for many of us, we feel that now, more than ever, is the time to take care of ourselves, and each other!

Our 2022 conference will be held at The Gateway Conference Center in Ames. Amy Laughlin, BA, CRCFA, ADC, CDP, and President of NAAP, will be our Thursday speaker. She will also speak part of Friday. The second speaker on Friday will be a representative from the Alzheimer's Association. We will also be welcoming Erin Anderson from Sunrise Retirement Community in Sioux City, and Meggin Nicolas from Morning Star Senior Living in West Des Moines to the IAAP Board of Directors!

Early bird registration deadline for conference and hotel will be September 28th! I am looking forward to seeing you at the conference! Have a GREAT summer, and Keep on Smilin'!!!

-Robin

IAAP Board Members

Robin Schiltz // President

Chris Thomas // Treasurer

Meggin Nicolas // Assistant Treasurer

Tamara Baker // Communications

Hope Wiley // Secretary

Rose Fowler // Elections, District Liaison

Sue Roth // Resource Coordinator

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Susan.Roth@sanfordhealth.org W# 712-324-6467

andersone@sunriseretirement.com C# 712-540-5172

Erin Anderson //

Iowa Association of Activity Professionals 2022 Fall Conference Registration Thursday October 20th and Friday October 21st

Name
Facility Name
Address Home Address Facility Address
City, State, Zip
Phone Home/Cell Phone Facility Phone
Email Personal Email Facility Email
REGISTRATION OPTIONS: Please indicate your selection with an X ———————————————————————————————————
Please fill out a SEPARATE SHEET for each person registering for the conference. Please check if faxing registration and mailing check
Please be sure your facility is mailing registration and payment with checks payable to IAAP to Chris Thomas, IAAP Treasurer 1116 Hazel Pella, IA 50219 Or faxed to 641-620-4195

If using PayPal for payment of multiple registrations, <u>please note all attendees names.</u>

If questions, please contact Chris Email: cthomas@wesleylife.org

Cell: 641-780-0200; Home: 641-628-2032

Work: 641-620-4190

CONFERENCE INFORMATION

Directions:

The Gateway Center is located at US Highway 30 and University Drive.

--Off I-35 take exit 111B to Highway 30 West. Exit onto University Blvd. and go south. The entrance to Gateway is on the right.

Dietary Concerns:

If you have any dietary concerns, please contact Robin Schiltz, Work 712–263–3114, Cell 712–267–1013, email: rschiltz@eventidehome.com

Hotel Rooms:

Make your reservations for The Gateway Hotel and Conference Center by calling toll free 1–800–FOR–AMES (800–367–2637) or on their Website: gatewayames.com. Call by September 28th and ask for special rates for the Iowa Association of Activity Professionals Conference.

Reminders:

The rooms at the Gateway Conference are USUALLY COOL. Please dress appropriately and/or bring a sweater or jacket t put on.

Cell Phone Usage:

Please be courteous about cell phone usage. We ask that you utilize the vibrate options for calls and other services. Please step outside the meeting room to take a call. Cell phone usage is a distraction to the speakers as well as the participants. This includes checking social apps during presentation times.

As Always:

- ** If you have any ideas you'd like to share, send information to Tamara at iowaaap.communications@gmail.com to print out. If you can, bring a sample to share.
- **If you would like to share your facility's activity calendar, email it to iowaaap.communications@gmail.com to electronically send to conference attendees that have provided an email.
- ** If you have any websites that have been particularly helpful to you, email them to iowaaap.communications@gmail.com to spread the word.
- ** If you have ANYTHING to share, email iowaaap.communications @gmail.com