

2021 Conference
Newsletter

Iowa Association of Activity Professionals

www.iowaap.org

2021 Fall Conference

The Board Members of the Iowa Association of Activity Professionals are proud to announce the return of the Fall Conference!

Thursday, October 7th, 2021
and
Friday, October 8th, 2021
at the
Gateway Conference Center
Ames, IA

Guest Speaker:
Alisa Tagg, BA ACC/EDU
CADDCT CPD CDCS,
Association Director of NAAP



Conference Schedule

BOTH DAYS

Registration, rolls & coffee - 7 to 8 AM
Lunch and Networking

THURSDAY

If Disney Ran Your Department
Innovative Activities: Preserving Functional Ability
Trauma Informed Care: Phase 3 CMS
Implementation
Managing Difficult Behaviors
Navigating Activities Now: Out of the Box Planning

*7 Hours Continuing Education Credits

**Sodas and Cookies will be served Thursday
afternoon

FRIDAY

Care Planning & the MDS
Documentation
Validation Techniques in the REAL WORLD
Exercise: Fun for EVERYONE

*5 Hours Continuing Education Credits

**We will dismiss at 3 PM to allow travel time

About Our Presenter



Alisa Tagg, BA ACC/EDU CADDCT CDP CDCS, President of the National Association of Activity Professionals, has been a certified activity consultant since 2006 and an activity director working primarily in skilled nursing facilities since 1995. She enjoys teaching the MEPAP education course to new activity professionals. She also works as an independent consultant in various facilities throughout southern Nevada. Alisa holds a bachelor's degree in Psychology from the University of Nevada, Las Vegas, a provider's Certificate of Completion specializing in Aging with the Nevada Geriatric Education Center and is a Certified Alzheimer's Disease and Dementia Care Trainer, a Certified Dementia Practitioner with the National Certification Council for Dementia Practitioners, and a Certified Dementia Communication Specialist with the Silver Dawn Training Institute. She has always enjoyed working with elderly populations for the majority of her life and has a great love for the elderly. In 1988, Alisa was named the Indiana Health Care Association Teen Volunteer of the Year. Alisa speaks on local, state and national levels on various topics relating to health care and the activity profession.



Electronic Handout Distribution

We have requested the speaker for this year's conference get any handouts to us early this year.

Please make sure we have your e-mail address (write legibly please) on the registration forms so we can get these handouts to you as soon as possible.

Just a reminder
Fall Basket on Thursday
Winter/Holiday on Friday
\$1 or 6/\$5



Baskets will vary from picture



Sharing Table

Do you have a craft or a game idea that was well received by your residents? Bring a sample along with copies of instructions (80) to share with others.

A table will be set up for displaying these ideas. These can also be shared during the networking session.

You are also welcome to bring one of your calendars to share, if you'd like.

We've all seen ideas on Facebook but would like to see what Activity Professionals think of the projects!

WEBSITES TO VISIT

www.naap.info

National Association of Activity Professionals
For the national activity news and information

www.nccap.org

National Certification Council of Activity Professionals
For regulations and certification information

www.iowaaap.org

Iowa Association of Activity Professionals
For Iowa Activity information, newsletter, and links to other activity professional related sites.

MESSAGE FROM THE PRESIDENT

Hello Fellow Activity Professionals!!

I am so happy to announce that we are moving forward with a “Live” conference this year! The dates are October 7th & 8th! Alisa Tagg has graciously accepted our invitation to speak, and she has assured me that her material will include something for everyone - IL, AL, Adult Care, and SNF/LT!

Through our Covid crisis, we realize that many have had census drop, and therefore, money may be tight. I implore you to remind your Administrators that it is very important for us to reach out to other Activity Professionals, in order to start our own healing process. Our co-workers have all lived through it with us, and simply don't want to hear about our struggles; and no one outside of healthcare can even begin to understand what we've been through! THEREFORE.....LET'S GET TOGETHER AND START OUR JOURNEY OF HEALING TOGETHER!!!

Jeri Heffelfinger has retired after many, many years of being on the IAAP Board, and is now “Living her Dream!” We welcome Tamara Baker as our new Communication Coordinator!

We look forward to seeing you all at the 2021 Conference! Be sure to read the newsletter; it has all of the conference information, and also the criteria for applying for a conference scholarship!!

“Keep on Smiling”!! 😊

-Robin

Did you Know?

We want to help you attend this conference. IAAP will again be sponsoring two (2) scholarships in the amount of the registration of the 2-day fall conference. Scholarships are to assist individuals who do not receive financial support.

Deadline for scholarship applications is **September 3rd**.

For further information on the scholarship criteria, see form in this newsletter.

Invitation to Brave Space

**Together we will create brave space
Because there is no such thing as a
“safe space”**

**We exist in the real world
We all carry scars and we have all
caused wounds.**

**In this space
We seek to turn down the volume
of the outside world,
We amplify voices that fight to be
heard elsewhere,
We call each other to more truth
and love**

**We have the right to start
somewhere and continue to grow.
We have the responsibility to
examine what we think we know.**

**We will not be perfect.
This space will not be perfect.
It will not always be what we wish
it to be**

**But
It will be our brave space together,
and
We will work on it side by side.**

- Micky ScottBey Jones

Scholarship Criteria

The following is the criteria to be considered for one (1) of two (2) scholarships in the amount of the registration for the 2019 Fall Conference.

1. You must meet one (1) of the following:
 - a. Employed in the activity or related field
 - b. Volunteer at least 75 hours of service yearly
 - c. Presently be enrolled in a state-approved course
 - d. Enrolled in a four-year program related to the field (CRTS)
2. You may be eligible to receive the award one (1) time every three (3) years.
3. The amount awarded will be the amount of registration (no cash value).

To be eligible, you need to complete and attach an essay of 50 words or less on how you believe this conference will benefit your working with the elderly. Include your name, home address, home phone number, e-mail address, and facility name and work phone number. Also include if you receive any other financial assistance to attend this conference (i.e. from your organization/corporation). ALL applications need to be received by Chris, by September 3rd, 2021. You will be notified by September 10th, 2021 if you are a recipient.

Send by September 3, 2021 to

**Chris Thomas, IAAP Treasurer
1116 Hazel
Pella, IA 50219**

Fax # 641-620-4195

E-Mail: cthomas@wesleylife.org





President Robin will do ANYTHING to make her residents smile!



Communications Director Tamara (in the sombrero, not the angry bull)



Treasurer Chris and her team deer hunting at the Cottages in Pella

Meet Your Board Members

| | |
|--|--|
| Robin Schiltz // President | rschiltz@eventidehome.com W# 712-263-3114, C# 712-267-1013 |
| Chris Thomas // Treasurer | cthomas@wesleylife.org W# 641-620-4190, C# 641-780-0200 |
| Tamara Baker // Communications | iowaaap.communications@gmail.com W# 712-263-3114, C# 712-310-0578 |
| Hope Wiley // Secretary | hopeles6539@gmail.com W# 515-369-3900, C# 515-480-8716 |
| Rose Fowler // Elections, District Liaison | rfowler196040@yahoo.com W# 515-275-2481, C# 515-236-0048 |
| Sue Roth // Resource Coordinator | Susan.Roth@sanfordhealth.org W# 712-324-6467 |

**Iowa Association of Activity Professionals
2021 Fall Conference Registration
Thursday October 7th and Friday October 8th**

Name _____

Facility Name _____

Address _____

☐

Home Address

☐

Facility Address

City, State, Zip _____

Phone _____

☐

Home/Cell Phone

☐

Facility Phone

Email _____

☐

Personal Email

☐

Facility Email

REGISTRATION OPTIONS: Please indicate your selection with an X

_____ Both days, if registering BEFORE September 23rd - \$185

_____ Both days, if registering AFTER September 24th - \$210

_____ One day**, if registering BEFORE September 23rd - \$135

_____ One day**, if registering AFTER September 24th - \$155

**Please Circle which day you will be attending THURSDAY FRIDAY

Please fill out a SEPARATE SHEET for each person registering for the conference.

☐

Please check if faxing registration and mailing check

Please be sure your facility is mailing registration and payment with checks payable to IAAP to:

Chris Thomas, IAAP Treasurer

1116 Hazel

Pella, IA 50219

Or faxed to 641-620-4195

If using PayPal for payment for multiple registrations, please note names of all the attendees.

If questions, please contact Chris

Email: cthomas@wesleylife.org

Cell: 641-780-0200; Home: 641-628-2032

Work: 641-620-4190

CONFERENCE INFORMATION

Directions:

The Gateway Center is located at US Highway 30 and University Drive.

--Off I-35 take exit 111B to Highway 30 West. Exit onto University Blvd. and go south. The entrance to Gateway is on the right.

Dietary Concerns:

If you have any dietary concerns, please contact Robin Schiltz, Work 712-263-3114, Cell 712-267-1013, email: rschiltz@eventidehome.com

Hotel Rooms:

Make your reservations for The Gateway Hotel and Conference Center by calling toll free 1-800-FOR-AMES (800-367-2637) or on their Website: gatewayames.com. Call by September 16th and ask for special rates for the Iowa Association of Activity Professionals Conference.

Reminders:

The rooms at the Gateway Conference are USUALLY COOL. Please dress appropriately and/or bring a sweater or jacket to put on.

Cell Phone

Please be courteous about cell phone usage. We ask that you utilize the vibrate options for calls and other services. Please step outside the meeting room to take a call. Cell phone usage is a distraction to the speakers as well as the participants. This includes checking social apps during presentation times.

As Always:

** If you have any ideas you'd like to share, send information to Tamara at iowaaap.communications@gmail.com to print out. If you can, bring a sample to share.

**If you would like to share your facility's activity calendar, email it to iowaaap.communications@gmail.com to electronically send to conference attendees that have provided an email.

** If you have any websites that have been particularly helpful to you, email them to iowaaap.communications@gmail.com to spread the word.

** If you have ANYTHING to share, email iowaaap.communications@gmail.com